

One day International Webinar on

"Strengthening of mental health through Music and Yoga in Covid-19 pandemic"
Organized by: Department of Music in Collaboration with
Department of Physical Education and Research Cell.

Date: 24th August, 2020 & Time: 3:00 P.M.

Organizing Committee



Patron Dr. Swapan Kumar Misra Principal, Mugberia Gangadhar Mahavidyalaya, West Bengal, India



Jt. Convener
Dr. Bidhan Ch. Samanta
Co-ordinator, Research Cell, MGM
Head & Associate professor, Chemistry
Mugberia Gangadhar Mahavidyalaya,
West Bengal, India



Convener
Mr. Pritam Katham
Assistant Professor, Department of
Music, Mugberia Gangadhar
Mahavidyalaya,



Organising Secretary
Dr. Sutapa Saha
Head & Assistant Professor
Department of Music
Mugberia Gangadhar Mahavidyalaya,
West Bengal, India



Jt. Convener
Dr. Biswajit Garai
Head & Assistant Professor of
Physical Education,
Mugberia Gangadhar Mahavidyalaya,
West Bengal, India

Eminent Speakers



Swami Shastrajnananda Principal of Narendrapur Ramakrishana Mission Residential College, West Bengal, India



Dr. Nupur Ganguly Associate professor Department of Vocal Music, Rabindra Bharati University, Kolkata, India



Prof. Md. Khairul Islam Khan Chairman, Department of Physical education and Dean, School of Education & Physical Education, Uttara University, Dhaka, Bangladesh



Dr. Mohoshsina Akter Khanom (Leena Taposi Khan) Associate Professor Department of Music University of Dhaka, Bangladesh

<u>Members</u>

- Mr. Soumen Mukherjee, SACT-I, Department of Music
- Smt. Swati Paul, SACT, Department of Music
- Mr. Sajal Kumar Bera, SACT, Department of Music
- Mr. Ashak Kar, SACT, Department of Music
- Mrs. Anindita Bera, SACT-II, Department of Physical Education.
- > Mr. Jisu Krishna Jana, SACT-II, Department of Physical Education.

- ***** Registration: No registration fee, for registration click on the link or copy the link and paste it in Google Chrome: https://forms.gle/Wmt1KhxeqMxtF9KN7
- ***** Last date of registration: 20th August, 2020
- * Platform Zoom apps Streaning on
 - YouTube link: https://www.youtube.com/channel/UCUhsYjw--IIIDjXOupZaW6g
 - Facebook link: https://www.facebook.com/mugberiacollege/
- ***** WhatsApp Group Link:
 - https://chat.whatsapp.com/CgKazi0Szvl0M1eE5xrU2a
 - https://chat.whatsapp.com/KdlGbaLcTlTHaZylEZ7DQq
 - https://chat.whatsapp.com/ERoW7Ggmtzz6cLLMaiJSdT
 - https://chat.whatsapp.com/BSfXCcLLxpPBKsa6asyexm
 - https://chat.whatsapp.com/Imb290r1Fi1DSDGILPWhoK
- # E-certificate will be issued after sending filled feedback form.

Programme Schedule

| <u>Programme</u> | <u>Time</u> |
|---|------------------|
| Introductory Address by Mr. Pritam Katham, Convener Assistant Professor, Department of Music, | 3:00 – 3:10 p.m. |
| Mugberia Gangadhar Mahavidyalaya. | |
| Inaugural Address by Dr. Swapan Kumar Misra Patron, Principal, Mugberia Gangadhar Mahavidyalaya | 3:10 - 3:15 p.m. |
| Opening song and Address by Dr. Sutapa Saha, Organising Secretary Head & Assistant Professor, | 3:15 – 3:25 p.m. |
| Department of Music, Mugberia Gangadhar Mahavidyalaya. | |
| Technical Session & Question-Answer session - Coordinator: Dr. Bidhan Chandra Samanta, | 3:25 – 5:05 p.m. |
| Coordinator, Research Cell Asso. Prof. & Head, Dept. of Chemistry, Mugberia Gangadhar. | |
| Mahavidyalaya | |
| Speaker - I: Swami Shastrajnananda | 3:25 – 3:50 p.m. |
| Principal of Narendrapur Ramakrishana Mission Residential College, West Bengal, India | |
| Question-Answer session | |
| Speaker - II: Dr. Nupur Ganguly | 3:50 – 4:15 p.m. |
| Associate professor, Department of Vocal Music, Rabindra Bharati University, Kolkata, India | |
| Question-Answer session | |
| Speaker - III: Prof. Md. Khairul Islam Khan. | 4:15 – 4:40 p.m. |
| Chairman, Department of Physical Education and Dean, School of Education & Physical Education, | |
| Uttara University, Dhaka, Bangladesh. | |
| Question-Answer session | |
| Speaker - IV: Dr. Mohoshsina Akter Khanom (Leena Taposi Khan) | 4:40 – 5:05 p.m. |
| Associate Professor, Department of Music, University of Dhaka, Bangladesh | |
| Question-Answer session | |
| Vote of Thanks given by Mr. Soumen Mukherjee SACT-II Dept. of Music, Mugberia Gangadhar | 5:05 – 5:15 p.m. |
| Mahavidyalaya | |
| Closeing song by Mr. Sajal Kr. Bera SACT-I Dept. of Music, Mugberia Gangadhar Mahavidyalaya | 5:15 - 5:20 p.m. |

All communications should be made to: Dr. Bidhan Chandra Samanta: Mob: +91 9732752907, Mr. Pritam Katham: Mob.: +91 8509912715 & Dr. Biswajit Garai: Mob.: +91 7001452741